

Double Wing Recipes

By Gretchen & Al Beatty

Tier's note: Be sure to use BT's Double Magic Dubbing or Touch-A Tron Dubbing or LaFontaine's Quick Fingers Touch Dubbing. It's important to use Gary's touch method to apply the material outlined in our book "*A Dozen Dubbing Techniques*" in the chapter about touch dubbing techniques starting on page 55. The BT's dubbing brands are available at www.btsflyfishing.com and the LaFontaine dubbing is available at www.thebookmailer.com.

Tying suggestion: Gary originally tied this fly on a 1x long dry fly hook. Quite frankly it is difficult to get all of the materials on a hook that short so Gretchen and I often tie it on a 2x long dry fly hook or a 3x long curved hook similar to a TMC 200R.

Lime Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or lime)

Tail: Antron yarn, lime

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, dyed lime green

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, lime

Body Hackle: Trimmed top & bottom, grizzly dyed olive

Front Wing: Calf body or tail, white, stacked

Hackle: Grizzly (or grizzly dyed olive)

Head: Thread

Gary's suggested use: An excellent pattern around vegetation – plants reflect a lot of green light.

Orange Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or orange)

Tail: Antron yarn, burnt orange

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, dyed brown

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, burnt or regular orange

Body Hackle: Trimmed top & bottom, brown

Front Wing: Calf body or tail, white, stacked

Hackle: Grizzly

Head: Thread

Gary's suggested use: For dusk when there is a magnificent reddish-orange sunset.

Gray Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or gray)

Tail: Antron yarn, dark gray

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, dyed rusty or regular orange

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, dark gray

Body Hackle: Trimmed top & bottom, Cree, dark barred ginger, or bleached grizzly

Front Wing: Calf body or tail, white, stacked

Hackle: Grizzly

Head: Thread

Gary's suggested use: Use this pattern on a dark overcast and rainy day.

Yellow Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or yellow)

Tail: Antron yarn, yellow

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, pale or regular yellow

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, yellow

Body Hackle: Trimmed top & bottom, Cree, golden badger

Front Wing: Calf body or tail, white, stacked

Hackle: Grizzly

Head: Thread

Gary's suggested use: Midday attractor – also valuable as an imitation of certain yellow stoneflies (especially the #16 Yellow Sallies and the #8 Golden Stones).

Royal Double Wing (“Enchanted” version in our book, *Tying Hair-Wing Flies* on page 93)

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or red)

Tail: Antron yarn, bright green (not lime)

Tip/Tag: Floss, red

Rear Wing: Elk or deer hair, dyed brown

Body: Peacock herl

Body Hackle: Trimmed top & bottom, brown or Coachman brown

Front Wing: Calf body or tail, white, stacked

Hackle: Brown or Coachman brown

Head: Thread

Gary's suggested use: The ultimate attractor – contains green, red, and brown highlight and works on riffles during midday as an all-around searching/attractor

Midnight Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black)

Tail: Antron yarn, dark gray

Tip/Tag: Floss, gray or black

Rear Wing: Elk or deer hair, black

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, black

Body Hackle: Trimmed top & bottom, black

Front Wing: Calf body or tail, black, stacked

Hackle: Black

Head: Thread

Gary's suggested use: A black fly for night fishing. The silhouette shows up against the night sky.

Charm Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or dark blue)

Tail: Antron yarn, kingfisher blue

Tip/Tag: Floss, kingfisher blue

Rear Wing: Elk or deer hair, natural

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, twilight blue

Body Hackle: Trimmed top & bottom, blue or brown

Front Wing: Calf body or tail, white, stacked

Hackle: Blue or brown

Head: Thread

Gary's suggested use: This is the pattern for the last moments of dusk after the sun sets. That's when the light tends to take on a bluish quality.

Pink Lady Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or pink)

Tail: Antron yarn, pink or red

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, natural

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, pink

Body Hackle: Trimmed top & bottom, grizzly or grizzly dyed light pink

Front Wing: Calf body or tail, white, stacked

Hackle: Grizzly or grizzly dyed light pink

Head: Thread

Gary's suggested use: Pink for when the light is pink – late morning and late afternoons.

White Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or white)

Tail: Antron yarn, white

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, white

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, white

Body Hackle: Trimmed top & bottom, white or light grizzly

Front Wing: Calf body or tail, white, stacked

Hackle: White or light grizzly

Head: Thread

Gary's suggested use: This is also a good fly for late, evenings, mainly because it reflects all of the available light and it also makes a good moth imitation.

Brown Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or brown)

Tail: Antron yarn, brown

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, dyed brown

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, brown

Body Hackle: Trimmed top & bottom, brown

Front Wing: Calf body or tail, white, stacked

Hackle: Brown

Head: Thread

Gary's suggested use: This is the in-between fly – use this pattern right in between the afternoon and evening. It's a warm fly but not super warm.

Cream Double Wing

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or tan)

Tail: Antron yarn, tan or white

Tip/Tag: Floss, white

Rear Wing: Elk or deer hair, dyed tan

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, tan

Body Hackle: Trimmed top & bottom, ginger

Front Wing: Calf body or tail, white, stacked

Hackle: Ginger

Head: Thread

Gary's suggested use: Another fine moth imitation; also one of my favorite very early morning patterns. Use this fly at dawn.

Lady Heather Double Wing (from our *LaFontaine Legacy Flies* book on Amazon on page 110)

Hook: Size 8-20, 1xL dry fly

Thread: 6/0 (black or gray)

Tail: Antron yarn, light gray

Tip/Tag: Floss, gray

Rear Wing: Elk or deer hair, natural (black felt-tip pen, barred markings)

Body: LaFontaine Quick Fingers Touch Dubbing, BT's Double Magic or Touch-A Tron, cream

Body Hackle: Trimmed top & bottom, grizzly

Front Wing: Calf body or tail, white, stacked

Hackle: Grizzly

Head: Thread

Gary's suggested use: This is a great attractor for those days that photographers call "cloudy bright." Cloud cover everything, but there is enough light coming through so that everything isn't a dark gray. *Author's note: Gretchen and I have also found this pattern very effective in a couple of "tight" canyons we like to fish where the light is not directly on the stream except for a very short time during part of the day.*